



BREAKFAST

OMELETS

DENVER GF

two cage free eggs with ham, peppers, onions, cheddar cheese

\$5.00 480 CALS

PICADO GF

two cage free eggs with pico de gallo, jack cheese, avocado & bacon

\$5.00 510 CALS

BUILD YOUR OWN OMELET

two cage free eggs & choice of vegetable, meat, or cheese

\$6.25

CHEESE:

cheddar, pepper jack, american, provolone, swiss

PROTEIN:

bacon, ham, sausage

VEGETABLES:

peppers, onions, mushrooms, broccoli, tomato, spinach

ALL AMERICAN

cage free scrambled egg, smoked bacon, american cheese, biscuit

\$4.45 510 CALS

TECATE WRAP

cage free scrambled eggs, sausage, cheddar cheese, pico de gallo, bell peppers, wheat wrap

\$4.25 550 CALS

STEAK BREAKFAST BURRITO

chopped steak, cage free eggs, jack cheese, sauteed peppers & onions, seasoned potatoes, wheat tortilla, green salsa

\$5.75 670 CALS

GOCHUCHIVE

cage free egg, turkey sausage, white cheddar, gochujang aioli, green onions, plain bagel

\$5.50 690 CALS

PATATAS BRAVAS BOWL V GF

seasoned potatoes, salsa brava, cage free fried egg, garlic aioli, chopped cilantro

\$4.50 410 CALS

FEATURED

IN THE FOLD

cage free scrambled eggs, crispy bacon, guacamole, jack cheese, flour tortilla

\$5.00 880 CALS

OFF TO THE RIGHT START

JAM-ON

cage free egg, white cheddar cheese, black forest ham, grape jam, english muffin

\$3.75 480 CALS

LOADED BREAKFAST BOWL GF

seasoned potatoes, cage free egg, crispy bacon, pork sausage, sauteed peppers & onions, cheddar cheese, pico de gallo

\$6.25 530 CALS

OPTIONS

PANCAKES (2) V
\$1.75 470 CALS

BACON (2) GF DF
\$1.30 131 CALS

SAUSAGE (2) GF DF
\$1.80 201 CALS

TURKEY SAUSAGE (2) GF DF
\$2.10 120 CALS

POTATOES VG DF
\$1.25 90 CALS

EGG OR EGG WHITE V GF DF
\$1.00 77-44 CALS

V-VEGETARIAN

VG-VEGAN

GF-GLUTEN FREE

DF-DAIRY FREE

CN-CONTAINS NUTS



THOROUGHLY COOKING FOODS OF ANIMAL ORIGIN SUCH AS BEEF, EGGS, FISH, LAMB, MILK, POULTRY OR SHELLFISH REDUCES THE RISK OF FOODBORNE ILLNESS INDIVIDUALS WITH CERTAIN HEALTH CONDITIONS MAY BE AT HIGHER RISK IF THESE FOODS ARE CONSUMED RAW OR UNDERCOOKED.



FOOD PREPARED MAY CONTAIN WHEAT, FISH, DAIRY, EGGS, SOY, & NUTS.